

Nappy Changing and Intimate Care Policy

Policy statement

No child is excluded from participating in our Pre-school who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Children will not be left in wet or soiled nappies/'pull ups' in the Pre-school, this may constitute neglect and will be a disciplinary matter if this occurs. Preschools have 'duty of care' towards children's personal needs. Any child who arrives at our pre-school in what appears to be a full nappy will be changed as soon as this is practicably able.

Procedures

- Key persons are aware of which young children in their care who are in nappies or 'pull-ups'.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- We try to keep changing areas warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag to hand with their nappies or 'pull ups' and wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared. The changing mat is wiped with anti-bacterial wipes after use, leaving it fresh for each child.
- Our staff never turns their back on a child or leaves them unattended whilst they are on the changing table.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to their key person.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Any child who requires nappy changing and intimate care assistance will have each change logged in a 'nappy log' that is dated with the time, which staff has changed said child and any other comments about said change. On arrival at pick up parents will be asked to sign this log to ensure they are satisfied with the personal care given.
- All staff protect themselves whilst toileting and changing nappies by telling other members of staff where they are going and with whom.
- All staff who carry out nappy changing and intimate care will be DBS checked and those who are awaiting their arrival of DBS check will not carry out said care or be allowed to accompany any child to the toilet.

In the course of a normal day we will routinely change all children wearing nappies; after morning break all children will be changed and where we remain open for the afternoon session then all children will again be changed after lunch. Any child that is believed to require changing outside of routine changing will be changed at the earliest practicable opportunity.

The main door blind will be drawn when changing children.

Should any soiled or wet children's clothing require changing this will be carried out at the earliest opportunity, and not in the main playroom. This relates to children who have had toileting accidents as well as those who may have become wet through outdoor or messy play. Any wet or soiled clothing that is property of the family will be bagged and returned to the family upon collection.

This policy was adopted at a meeting of Pickering Pre-School Playgroup held on 31st August 2023.

Date to be reviewed – Before end of August 2024.

Signed on behalf of the management committee

Name of signatory – Richard Allenby (Chairperson).